

BAGCAT Categories

County Age Groups (Short Course)

	Boys (9-14yrs)		Girls (9-13yrs)	
9yrs	Sprint	Best 50m	Sprint	Best 50m
	Form	Best 200m Form Stroke	Form	Best 200m Form Stroke
	Distance	200m Freestyle	Distance	200m Freestyle
	IM	Best 100m/200m IM	IM	Best 100m/200m IM
10yrs	Sprint	Best 50m	Sprint	Best 50m
	Form	Best 200m Form Stroke	Form	Best 200m Form Stroke
	Distance	Best 200m/400m Freestyle	Distance	Best 200m/400m Freestyle
	IM	Best 100m/200m IM	IM	Best 100m/200m IM
11yrs	Sprint	Best 50m	Sprint	Best 50m
	Form	Best 200m Form Stroke	100's	Best 100m
	Distance	Best 200m/400m Freestyle	Form	Best 200m Form Stroke
	IM	Best 100m/200m IM	Distance	Best 200m/400m/800m Freestyle
	-	-	IM	Best 100m/200m IM
12yrs	Sprint	Best 50m	Sprint	Best 50m
	100's	Best 100m	100's	Best 100m
	Form	Best 200m Form Stroke	Form	Best 200m Form Stroke
	Distance	Best 200m/400m/1,500m Freestyle	Distance	Best 200m/400m/800m Freestyle
	IM	Best 100m/200m/400m IM	IM	Best 100m/200m/400m IM
13yrs	Sprint	Best 50m	Sprint	Best 50m
	100's	Best 100m	100's	Best 100m
	Form	Best 200m Form Stroke	Form	Best 200m Form Stroke
	Distance	Best 200m/400m/1,500m Freestyle	Distance	Best 200m/400m/800m Freestyle
	IM	Best 100m/200m/400m IM	IM	Best 100m/200m/400m IM
14yrs	Sprint	Best 50m	<i>Note: Girls 14yrs and over and Boys 15yrs and over will start to specialise in individual events which will have individual awards.</i>	
	100's	Best 100m		
	Form	Best 200m Form Stroke		
	Distance	Best 200m/400m/1,500m Freestyle		
	IM	Best 100m/200m/400m IM		

Regional & National Age Groups (Long Course)

	Boys (10-14yrs)		Girls (10-13yrs)	
10yrs	Sprint	Best 100m	Sprint	Best 100m
	Form	Best 200m Form Stroke	Form	Best 200m Form Stroke
	Distance	Best 200m/400m Freestyle	Distance	Best 200m/400m Freestyle
	IM	Best 200m/400m IM	IM	Best 200m/400m IM
11yrs	100's	Best 100m	100's	Best 100m
	Form	Best 200m Form Stroke	Form	Best 200m Form Stroke
	Distance	Best 200m/400m Freestyle	Distance	Best 200m/400m/800m Freestyle
	IM	Best 200m/400m IM	IM	Best 200m/400m IM
12yrs	100's	Best 100m	100's	Best 100m
	Form	Best 200m Form Stroke	Form	Best 200m Form Stroke
	Distance	Best 200m/400m/1,500m Freestyle	Distance	Best 200m/400m/800m Freestyle
	IM	Best 200m/400m IM	IM	Best 200m/400m IM
13yrs	100's	Best 100m	100's	Best 100m
	Form	Best 200m Form Stroke	Form	Best 200m Form Stroke
	Distance	Best 200m/400m/1,500m Freestyle	Distance	Best 200m/400m/800m Freestyle
	IM	Best 200m/400m IM	IM	Best 200m/400m IM
14yrs	100's	Best 100m	<i>Note: Girls 14yrs and over and Boys 15yrs and over will start to specialise in individual events and will swim in the Youth Championships.</i>	
	Form	Best 200m Form Stroke		
	Distance	Best 200m/400m/1,500m Freestyle		
	IM	Best 200m/400m IM		